

Skin Tightening Pre & Post Care PDF

If you have any additional questions/concerns, feel free to call our office or ask your treatment provider

Pre-Care

1. Make sure your skin is clean.
 2. Do not apply any lotions, creams or makeup before your treatment.
 3. Remove all jewelry around the area being treated.
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Post-Care

1. Absolutely no downtime. The treatment area may look a little flushed and warm to the touch, but this will go away within 1-2 hours.
2. You can return to your daily schedule immediately after your treatment.
3. Make sure you drink plenty of water, continue a healthy diet, and maintain an active lifestyle.